

FAMILY CONNECTION

Virtual Mental Health Professional-Led Information Program

M,T,W,F via Zoom

Mon

Nice to meet you Monday
6:30 - 7:30 pm

Frequently Asked Questions

Tue

Topic Tuesday
6:30 - 7:30 pm

Mental Health Facts

Wed

Wellness Wednesday
3 - 4 pm

Self Care for the Caregiver

Fri

Future Friday
3-4 pm

Next Step in Wellness

Open to family/caregivers of current Palm Point Patients. Our free virtual support group is intended to provide answers to frequently asked questions, mental wellness guidance for caregivers, and education on mental health topics such as diagnosis & treatment options.

Please note that individual patient information will not be discussed in these virtual gatherings.

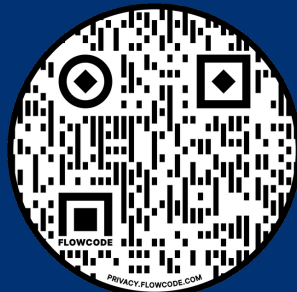
Connecting families for a better tomorrow

Zoom Details

Meeting ID:
962 5102 6127

Passcode

FAMILY



Use your phone's camera to scan our QR to auto join!

